

The Brentwood Senior Living
6920 SW Lee Blvd.
Lawton, OK 73505

Brentwood Constitution

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Monty Baggett
Executive Director

Carol Shaw, LPN
Director of Nursing

Angie Odom,
Community Relations
Manager, LPN

Linda Climer,
Business Office
Manager/Associate
Executive Director

Rachael Cole,
Activities Director

Mike Werger,
Plant Operations

April Sterling, Dining
Services Manager

Special Observances in November

November 6th Election Day
November 6th Nacho Day

November 9th
Nuts about peanut Butter Day

November 16th Fast Food Day

November 22nd Thanksgiving

November 26th Cider Monday
November 26th 20 Question Anniversary

November 28th French Toast Day

November 29th Chocolates Day

November 30th Mason Jar Day



The Brentwood Senior Living will be serving Thanksgiving Dinner on November 22nd at 11:15 a.m. and 4:15 p.m. The menu will include: oven roasted turkey, glazed ham, mashed potatoes, corn bread dressing, peppered gravy, turkey gravy, candied yams, green bean casserole, dinner rolls and pumpkin pie. The price of meals for guests is \$10.00. Please RSVP by November 15th if you will be joining us, or if you are planning to take your loved one out.



Hygiene for Better Senior Health

Keeping the face skin clean is a very important part of preventative senior health care. The outer layer of skin (epidermis) is made up mostly of lifeless cells to protect the layers underneath and to preserve moisture. Washing the face morning and night not only removes dirt, excess oil (if any) and makeup, but also the dead cells. For Normal Skin, water and a mild neutral (transparent type) soap is fine. Oily skin requires a bit stronger soap or rinsible cleanser specifically for oily skin. Dry skin responds best to a rinsible cleanser, not soap.



Fred Hamburger 11/3
Dale Floyd 11/13
Shirley Jackson 11/8

The two signs associated with the month of November are Scorpio and Sagittarius. People born from November 1st to November 22nd are members of the Scorpio sign. A Scorpio can be identified by their success-driven and resilient nature. For those born from November 23rd to November 30th, they are members of the Sagittarius zodiac sign. As the Sagittarius often has an appreciation for life's finer things, members of the sign can be identified by their animated and hardworking nature.

Resident of the Month
Pat Mayfield



Pat and Alton had four children together, Paula, Michael, Deborah, and Sharon. Deborah and Michael have both passed away.

In 1975 Alton passed away and Pat moved back home to Louisiana to be close to her family.

In 1977 Pat met Ernest "Ernie" Mayfield and a year later they got married. She and Ernie had two children together and their names are John and Sabrina.

When Sabrina was two years old Pat and her family moved to Alaska. Sometime later Ernie passed away from cancer. Pat decided to stay in Alaska she did so for another 15 years before moving to Lawton to be near her daughter, Sharon. A year and a half later she moved here to The Brentwood and has made her home here for about a year. Pat says, "The Brentwood is great, and the employees are very helpful."

We are glad she decided to join our Brentwood family.

Pat Mayfield was born in DeRidder, Louisiana and her birthdate is January 23rd. She grew up in DeRidder until she was 16 years old. At age 16 she met a gentleman named Alton McBride and just three days later the two of them were joined in marriage. Alton was in the military so the two of them moved to Fort Hood, Texas where he was going to be stationed.

Employee of the Month
Angie Odom



Angie was born in Ft. Hood, Texas on November 16th. Her Father was in the Army and stationed at Ft. Hood when she was born. After her family left Texas, they had the good fortune to be stationed in Oahu, Hawaii for three years.

Angie is the Mother of three grown sons. Her favorite pastimes are reading, watching good movies, and listening to many genres of music. She has a passion for dancing. She also loves to hike in the Wichita Mountains when weather is permitting.

Angie has been a nurse for 21 years. She attended the first Practical Nursing course at Platt College and graduated with honors in 1997.

Angie has been with The Brentwood since December 28th, 2017. Angie said her favorite part of working at The Brentwood is the diversity of her position as Community Relations Manager. She feels she is able to use all of her talents and abilities here and especially enjoys visiting and interacting with the Residents in a relaxed, informal way.

Angie is most proud professionally, of her record as a Wellness Director of two different assisted living communities, where both communities received zero deficiencies, in Wellness/Nursing, during the annual State Health Department Survey.

