

The Brentwood Senior Living
6920 SW Lee Blvd
Lawton, OK 73505

Postage
Information

SEPTEMBER 2018

Brentwood Constitution

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Monty Baggett
Executive Director

Carol Shaw, LPN
Director of Nursing

Angie Odom,
Community Relations
Manager, LPN

Linda Climer,
Business Office
Manager/Associate
Executive Director

Rachael Cole,
Activities Director

Mike Werger,
Plant Operations

April Sterling, Dining
Services Manager

Special Observances in September

September 3rd Labor Day

September 5th Cheese Only Day

September 9th Assisted Living Week Begins

September 11th Balance Awareness week
Begins

September 12th Chocolate Milk Shake Day

September 13th Chocolate Factory Day

September 14th Creamed Filled Donut Day

September 20th Punch Day

September 24th Day of Darts

September 26th West Side Story Premiered
on Broadway



Family Night

September 6th

5:30 p.m.

Our wonderful cooks will be preparing spaghetti served with garlic toast and house salads!

We are asking families to bring a dessert!

Live Beautiful music by:
New Light Methodist Church
Choir!

COUNTRY

Dance Performance



Saturday September 29th at 2:00 P.M.

Brought to you by Rachael and Friends

Advice from the Nurse: Maintaining Healthy Feet

There are areas on our feet that develop hardened, thick skin that have come about by excessive pressure or friction over a predominant boney area. They are 'corns' when formed on top or sides of toes and calluses when formed on the bottom of the foot. Senior health care consultants advise NEVER attempt to cut these off with a razor; one slip and you've got more problems! Also take care when using the many over-the-counter remedies, as these often contain acids to burn away the corn. Take extra care when using these products, but they can give near-immediate relief. Good advice would be to buy a larger shoe or one with 'foot-padding' for a more comfortable fit. Invest in a really good pair (or two) of comfortable shoes! If the corn or callous persists, it's time to see a podiatrist, especially if you are a diabetic.

Resident of the Month Johannah



Johannah Brown was born right here in Lawton, OK and her birthday is March 22nd. She grew up here and attended Whittier Elementary. After graduating high school, she attended the University of Oklahoma where she majored in art and was a member of Tri Delta sorority.

In Johannah's senior year at OU she met a young man named Jake. They dated for six months and then were married. Over the next several years they had three children. Wade was their first, then Shannon their daughter, and then came Dan.

In 1976 Johannah became a single mom and moved back to Lawton to be with her family who were a great help to her in watching her precious children. Around that time she went to work for the Child Support office and was employed with them there for 35 years.

In 1986 she met Ron Brown at a Christmas party and it was love at first sight. Ron lived in Oklahoma City at that time so the two of them would travel back and forth between Lawton and OKC.

In 2004 Johannah retired from the Child Support office to take care of her mother whose health was failing. Her mother passed away soon after that.

HAPPY BIRTHDAY

Betty Garner 9/9
Bob Lafferty 9/12
Mary Wright 9/16



You begin a whole new personal cycle with the Virgo New Moon on the 6th, which also happens to be an incredibly powerful Solar Eclipse. This is your most fruitful month, and doubly so as abundant Jupiter is aligned with that Solar Eclipse—making it even easier to attract what you want. If you can visualize it, you can achieve it. Travel may be on the agenda mid-month, as well as other kinds of mind-expanding activity. Higher-ups are extra-picky and demanding from the 25th to 30th, so be prepared.
★★★★★ Mark the 11th, 12th and 13th as five-star days.

In 2005 Johannah and Ron were married. They began enjoying the retirement life as they traveled for fun to visit Las Vegas, Michigan, California, and Louisiana.

In 2017 Ron and Johannah's health began to decline some so her children came and looked at all of the assisted living communities in Lawton. Her daughter decided that The Brentwood would be the very best place for her mom and Ron. Johannah and Ron have said that they are so happy to be here at The Brentwood and are very thankful for the staff and the help they receive.

Johannah loves to make people feel comfortable and loved here in our building. She also brings smiles and joy to our community. She, along with Dorothy McNabb, has been instrumental in starting and managing our community's beading class that meets every Saturday. Thank you, Johannah!

Assisted Living Week

September 10th through 14th

Theme this year is Capture the Moment

MONDAY: CRAZY HAIR DAY

TUESDAY: TWIN DAY REBOOT

WEDNESDAY : MILK SHAKE DELIGHT

THURSDAY: CHOCOLATE DELIGHT

FRIDAY: PAMPER DAY FOR NAILS AND MAKE UP

MILK SHAKES AND PAMPER DAY WILL BE IN THE ACTIVITY ROOM